

## MEDICARE ADVANTAGE SUPPLEMENTAL BENEFITS

**Medicare Advantage plans can include a variety of supplemental benefits. These benefits differ by plan, carrier, and zip code. The information below provides a general overview to help you understand what may be available in your area.**

### **Over-the-Counter (OTC) Allowance**

Many plans include a monthly or quarterly allowance for approved health items such as vitamins, first-aid supplies, and cold medications.

### **Dental, Vision, & Hearing**

Most Medicare Advantage plans include some level of dental, vision, and hearing coverage. Coverage amounts and services vary by plan.

### **Care Coordination**

Special Needs Plans (SNPs) often include enhanced care coordination for members who qualify based on Medicaid status or specific chronic conditions.

### **Transportation Benefits**

Some plans offer transportation to approved medical appointments. This benefit is more common in Special Needs Plans (SNPs).

### **Grocery/Food Allowances**

Food benefits are typically offered in Special Needs Plans (SNPs) for individuals who meet specific eligibility criteria, such as having both Medicare and Medicaid. These benefits are less common in standard Medicare Advantage plans.

### **Flex Cards**

Some plans offer a prepaid card that can be used for certain health-related expenses. Flex card availability varies by plan and may include dental, vision, hearing, or other approved services.

### **Fitness Plans**

Many Medicare Advantage plans include a fitness benefit such as SilverSneakers, Renew Active, or Active&Fit at no extra cost.

